



## Simultaneous Determination of Glutathione and Tryptophan at the Surface of Carbon Nanotube Paste Electrode in the Presence of Catechol

Jahan Bakhsh Raof<sup>a,\*</sup>, Mohammad Ali Karimi<sup>b</sup>, Leila Asadian-Zarrinabadi<sup>b</sup>,  
Mohaddeseh Amiri-Aref<sup>a</sup>

<sup>a</sup>*Electroanalytical Chemistry Research Laboratory, Department of Analytical Chemistry, Faculty of Chemistry, University of Mazandaran, Babolsar, Iran*

<sup>b</sup>*Department of Chemistry, Payame Noor University, P.O. Box 19395-4697, Tehran, Iran*

\*Email: [j.raoof@umz.ac.ir](mailto:j.raoof@umz.ac.ir)

Received 5 January 2014; Received in revised form 27 January 2014; Accepted 12 February 2014, Online published: 17 February 2014

### ABSTRACT

The electrochemical oxidation and determination of tryptophan (Trp) and glutathione (GSH) in the presence of catechol as a homogeneous redox in the aqueous medium were investigated at the surface of a carbon paste electrode modified with multi-walled carbon nanotube (MWCNT-CPE) using cyclic voltammetry (CV), double step potential chronoamperometry and differential pulse voltammetry (DPV) techniques. The results of differential pulse voltammetry showed two well-resolved anodic peaks for glutathione and tryptophan which leads to voltammetric determination of each of them. The results shows the electrooxidation peak currents of GSH and Trp is linear in the concentration range of  $2 \times 10^{-6}$  M -  $2.8 \times 10^{-4}$  M and  $4 \times 10^{-6}$  M -  $6 \times 10^{-5}$  M, respectively. The kinetic parameters such as: the chemical reaction rate constant ( $k_f$ ) and transfer coefficient ( $\alpha$ ) were calculated  $2.01 \times 10^2$  cm<sup>3</sup> mol<sup>-1</sup> s<sup>-1</sup> and 0.31, respectively. Also, the apparent diffusion coefficient,  $D_{app}$ , for GSH was found to be  $1.95 \times 10^{-6}$  cm<sup>2</sup> s<sup>-1</sup> in aqueous buffered solution. The proposed method was successfully applied for determination of glutathione and tryptophan in real sample using standard addition method.

**KEYWORDS:** Glutathione; Tryptophan; Catechol; Multi-Walled Carbon Nanotubes.

### 1. INTRODUCTION

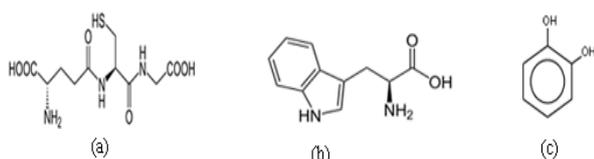
Glutathione (L- $\gamma$ -glutamyl-L-cysteinyl-glycine) or (GSH) (Scheme 1, a) is the original non-protein compound, which exists in most mammalian cells [1-2]. The role of glutathione in the human metabolism consists protection versus oxidative stress and detoxification of xenobiotics [3]. Oxidative stress reflects imbalance between the systemic manifestation of reactive oxygen types (free radicals) and a biological system's ability to readily detoxify the reactive intermediates or to repair the resulting damage [4]. Many chemical and instrumental techniques have been reported for the determination of glutathione such as spectrofluorimetry [5], HPLC [6], Capillary electrophoresis [7] and Colorimetric [8]. Among these techniques, electrochemical methods [9-10] have the advantages of low cost, excellent sensitivity, simplicity and rapid detection. Tryptophan (Trp) is a hydrophobic amino acid (Scheme 1, b), which a precursor for serotonin, niacin and melatonin. Also, it has been implicated as a possible agent of schizophrenia in persons who cannot metabolize it properly [11-12]. Therefore, a simple sensitive and less expensive method for detection of Trp is

of great interest. Many methods have been proposed for determination of tryptophan such as high-performance liquid chromatography [13], capillary zone electrophoresis [14], fluorescence [15], Chemiluminescence [16], spectrophotometric [17] and electrochemical methods [12]. Compared with these methods, electrochemical analytic technique is an attractive method owing to low expense, simplicity and high sensitivity.

Glutathione is an important physiological antioxidant which significant role in neuronal processes and biological. Thus, every system in the body can be affected by the state of the glutathione system, especially the immune system and the nervous system [18]. The detection of tryptophan is very important due to its crucial roles in biological systems. Trp is also an essential amino acid for brain functions and neuronal regulatory mechanisms [19]. Both GSH and Trp have a critical role in biological and central nervous system [20]. In the other hand, the electrochemical oxidation of GSH and Trp at bare electrode results highly overlapped current responses which make their discrimination very

difficult and leads to poor selectivity and reproducibility of the electrode.

Catechol (1, 2- dihydroxy benzene or C) (Scheme 1, c), is one of the relatively important phenolic compounds which exists naturally in vegetables, fruits and it is extensively used in cosmetic, chemical materials and pharmaceutical industries [21-22]. Also catechol has a terrific importance in both environmental and biological analysis fields and this owing to its supreme electrochemical ability and can be utilized for the characterization of various analytical techniques [23]. However in this study, catechol was applied as a homogeneous electrocatalyst for electrochemical oxidation of GSH due of its considerable electroactive properties.



**Scheme 1.** The structural formula of Glutathione (a) Tryptophan (b) and Catechol (c)

Carbon nanotubes (CNTs), as an attractive and new carbon material, have achieved multiplex theoretical and experimental studies [24]. Also, CNT is a type of inorganic material with a nano-structure, which has significant mechanical ability, high surface area, remarkable electrical conductivity and nice chemical stability [25]. They are built from  $sp^2$  carbon units and present a monolithic structure with hexagonal honeycomb lattices [26]. To the best of our knowledge, there has been no report in the literature on the simultaneous determination of GSH and Trp at the surface of carbon nanotube paste electrodes (MWCNT-CPE) in the presence of catechol. Thus in this paper, we propose catechol as a new homogeneous electrocatalyst for the rapid, sensitive and highly selective simultaneous voltammetry determination of glutathione (GSH) and tryptophan (Trp) at the surface of MWCNT-CPE.

## 2. EXPERIMENTAL

### 2.1. Apparatus and Materials

The electrochemical experiments (cyclic voltammetry, chronoamperometry and differential pulse voltammetry) were carried out using a potentiostat/galvanostat (SAMA 500 Electroanalyzer System, I.R. Iran). Experiments were performed in a three-compartment cell. Ag| AgCl| KCl (3.0 M) was used as a reference electrode, a platinum wire was used as the auxiliary electrode. The working electrode was carbon paste electrode modified with multi-walled carbon nanotubes (MWCNT-CPE).

The solvent used for the electrochemical studies was twice distilled water. High purity graphite powder, sodium dihydrogen phosphate ( $NaH_2PO_4$ ) and disodium hydrogen phosphate ( $Na_2HPO_4$ ) and glutathione were obtained from Merck. Multi-walled carbon nanotubes were obtained from Nano Star Tech. Co. Tehran, Iran.

Paraffin oil (density= $0.88 \text{ g cm}^{-3}$ ), tryptophan and catechol were obtained from Fluka. Buffer solutions were prepared from orthophosphoric acid and its salts in the pH ranges 4.0-9.0. All other reagents used were of analytical grade.

### 2.2. Working electrode

The prepared carbon paste electrode modified with multi-walled carbon nanotubes (MWCNT-CPE) was applied as a working electrode. Graphite powder (0.85 g) was hand mixed with 0.15 g multi-walled carbon nanotubes in a mortar and pestle. A syringe was used to add paraffin to the mixture, which was mixed well for 35 min until a uniformly wetted paste was obtained. The electrical connection was implemented by a copper wire lead fitted into a glass tube with Inner diameter 3.4 mm.

## 3. RESULT AND DISCUSSION

### 3.1. pH effect on GSH electrochemical behavior at MWCNT-CPE

It is well known that the electrochemical behavior of GSH and orthoquinone obtained electrochemically at the surface of electrode are dependent on the pH value of the aqueous solution [27]. The effect of various pHs value ( $4.0 \leq \text{pH} \leq 9.0$ ) on the reaction between GSH and orthoquinone at the surface of MWCNT-CPE was studied by cyclic voltammetry (Fig. 1A).

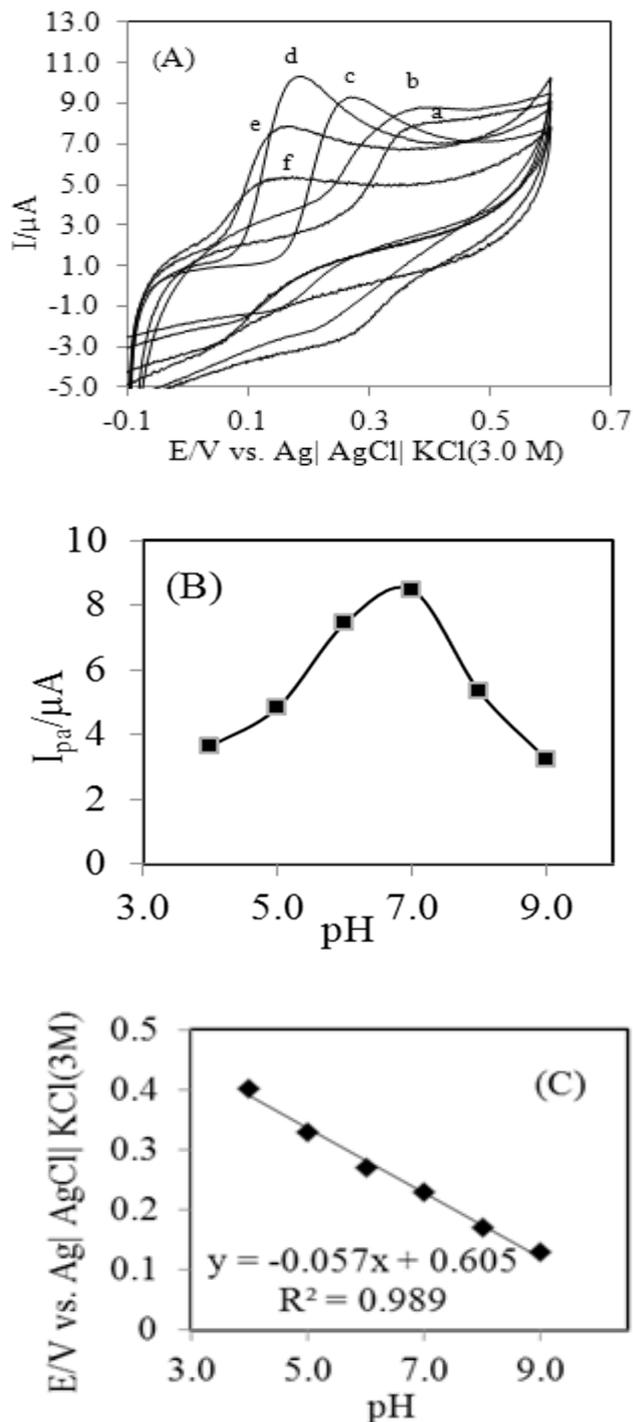
Fig. 1B shows the variation of  $I_{pa}$  versus pH values for GSH electrooxidation at the surface of MWCNT-CPE electrode in the presence of catechol. As can be seen, the maximum current was obtained at  $\text{pH}=7.0$ . Therefore,  $\text{pH}=7.0$  was obtained as the optimum pH.

In Fig. 1C, it can be seen the anodic peak potential of GSH in the presence of catechol at the surface of MWCNT-CPE was shifted to a less positive potential with enhancing of pH values. The variation of anodic peak potential with pH values showed a linear relationship with a slope of  $-0.0577 \text{ V}$  per unit pH and a  $R^2=0.9882$ . The number of electron and proton in the electrochemical reaction of GSH in this condition is equal.

### 3.2. Electrochemical oxidation of glutathione

Fig. 2 depicts the cyclic voltammetry response of the electrochemical oxidation of GSH in the presence of catechol at the surface of unmodified and modified carbon paste electrode in 0.1 M phosphate buffered solution ( $\text{pH}=7.0$ ). As can be seen, in the absence of GSH and catechol, the bare CPE and MWCNT-CPE do not show any anodic and cathodic peaks in 0.1 M PBS (Fig. 2. (a) and (b)). The cyclic voltammograms of 100  $\mu\text{M}$  catechol at surface of CPE and MWCNT-CPE in phosphate buffered solution ( $\text{pH}=7.0$ ) showed a well-behaved redox reaction of orthoquinone/catechol redox couple (curve c and d). On the other hand, Experimental results at the surface of modified electrode also show well-defined anodic and cathodic peaks with  $E_{pa} = 0.19 \text{ V}$ ,  $E_{pc} = 0.11 \text{ V}$ ,  $E_{1/2} = 0.15 \text{ V}$  vs. Ag| AgCl| KCl (3.0 M) and  $\Delta E_p = 0.08 \text{ V}$ . The electrode process was

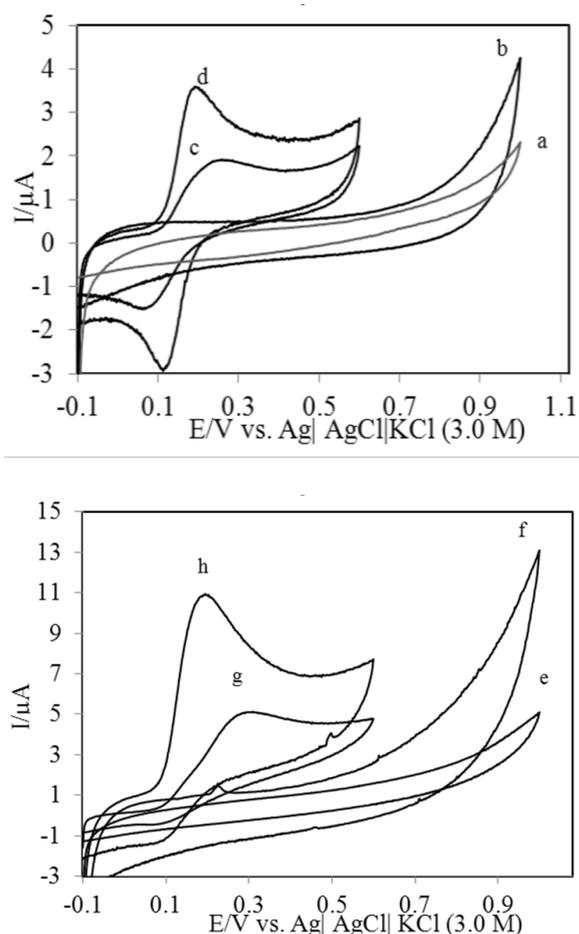
quasi reversible, with  $\Delta E_p$  greater than the  $(59/n)$  mV expected for a reversible system.



**Fig. 1.** (A) Cyclic voltammograms of 800 μM GSH in the presence of 100 μM catechol in 0.1 M phosphate buffer solution at the surface of MWCNT-CPE in the various pHs: (a) 4.0, (b) 5.0, (c) 6.0, (d) 7.0, (e) 8.0 and (f) 9.0 at scan rate 20  $\text{mV s}^{-1}$ . (B) The variation of electrooxidation peak currents for 800 μM GSH in 0.1 M phosphate buffer solution at the surface of MWCNT-CPE versus pH values and (C) The variation of peak potential versus pH values.

Electrochemical oxidation of 800 μM GSH in the absence of catechol occurs irreversibly at the surface of

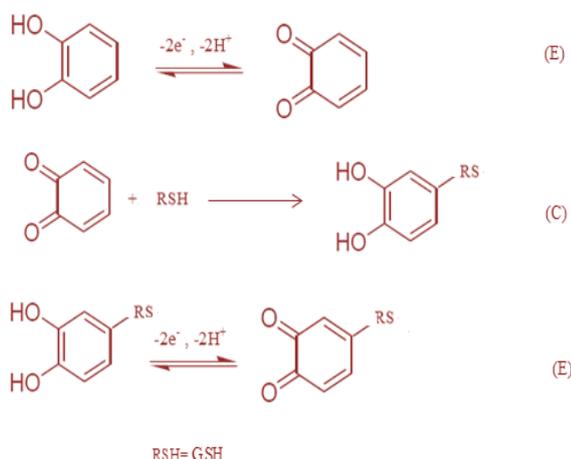
CPE and MWCNT-CPE (Fig. 2. (e) and (f)). As can be seen, in the presence of catechol the anodic peak potential of GSH was shifted to a less positive potential. In fact the overpotential of GSH oxidation reduces about 820 mV and 900 mV at the surface of CPE and MWCNT-CPE, respectively (Fig. 2. (g) and (h)). On the other hands, the comparison between the cyclic voltammograms (c), (g) at surface of CPE and (d), (h) at the surface of MWCNT-CPE show a dramatic enhancement of the anodic peak current at surface of modified electrode in the presence of 100 μM catechol relative to the value obtained at the surface of bare electrode this condition and the cathodic peak of GSH was disappeared in the reverse scan of potential. From these results, it can be seen that the best electrocatalytic effect for GSH oxidation is observed in the presence of catechol at the surface of MWCNT-CPE (curve h).



**Fig. 2.** Cyclic voltammograms of bare CPE (a) and MWCNT-CPE (b) in supporting electrolyte (0.1 M phosphate buffer solution). (c) as (a) and (d) as (b) in the presence of 100 μM catechol. Cyclic voltammograms (e) as (a), (f) as (b) in the presence of 800 μM GSH, (g) as (a) and (h) as (b) in the presence of 800 μM GSH and 100 μM catechol in 0.1 M PBS (pH=7.0) at scan rate of potential 20  $\text{mV s}^{-1}$ .

This result shows catechol acts as an effective redox mediator for the electrocatalysis of the GSH oxidation. On the basis of the information, we suggest the ECE

electrocatalytic mechanism for the oxidation of GSH (Scheme 2).



**Scheme 2.** Proposed mechanism for electrooxidation of catechol in the presence of GSH at the surface of MWCNT-CPE

### 3.3. Effect of scan rate

The effect of scan rate on the electrocatalytic oxidation of GSH in the presence of 100  $\mu\text{M}$  catechol at the surface of MWCNT-CPE was investigated by cyclic voltammetry (Fig. 3A). As can be observed in Fig. 3 (A), the oxidation peak potential shifted to more positive potentials with enhancing scan rate, confirming the kinetic limitation in the electrochemical reaction. Also, a plot of anodic peak height ( $I_p$ ) vs. the square root of scan rate ( $v^{1/2}$ ) was found to be linear in the range of 5-120  $\text{mV s}^{-1}$ , suggesting that at enough over potential, the process is diffusion controlled (Fig. 3B).

Also, we used the Tafel plot to determine the transfer coefficient ( $\alpha$ ) in the catalytic oxidation process (Fig. 3. C). The slope of the Tafel plot was equal to  $n(1-\alpha)F/2.3RT$ , which came up to 5.3514  $\text{V decade}^{-1}$ . Therefore we obtained the value of  $n\alpha$  equal to 0.31. Assuming that  $n=1$ , then  $\alpha=0.31$ .

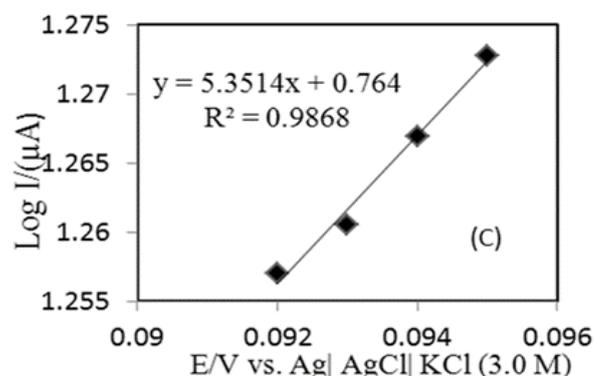
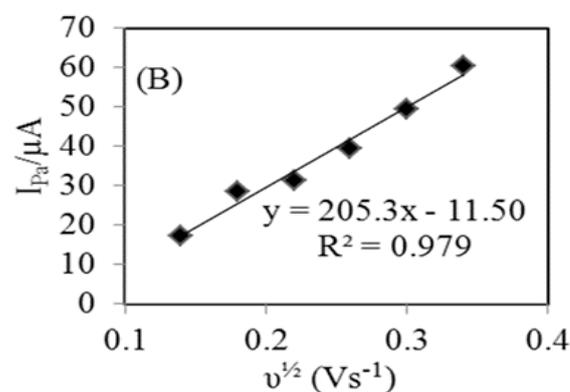
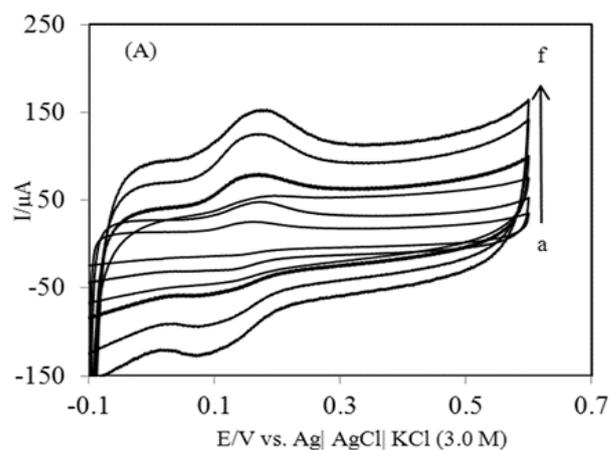
### 3.4. Chronoamperometric

The chronoamperometric behavior of GSH was examined at modified CPE in the presence of 100  $\mu\text{M}$  catechol for the various concentration of GSH solution by setting the working electrode potential at 220 mV and 80 mV at versus  $\text{Ag}|\text{AgCl}|\text{KCl}$  (3M) at the first and second potential steps (Fig. 4. A).

The rate constant for the chemical reaction between GSH and catechol at the surface of MWCNT-CPE,  $k_h$ , can be evaluated by chronoamperometry according to the method of Gallus [28]:

$$I_C/I_L = \pi^{1/2} (k_h C_0 t)^{1/2} \quad (1)$$

Where  $I_C$  is the electrocatalytic current of GSH in the presence of catechol at the MWCNT-CPE,  $I_L$  is the limited current of GSH in the absence of catechol and  $\gamma=k_h C_0 t$ ,  $C_0$  is the initial concentration of GSH in bulk solution and  $t$  is elapsed time. The calculated  $k_h$  value for GSH was  $2.01 \times 10^{-2} \text{cm}^3 \text{mol}^{-1} \text{s}^{-1}$  using the slope of  $I_C/I_L$  versus  $t^{1/2}$  plot.



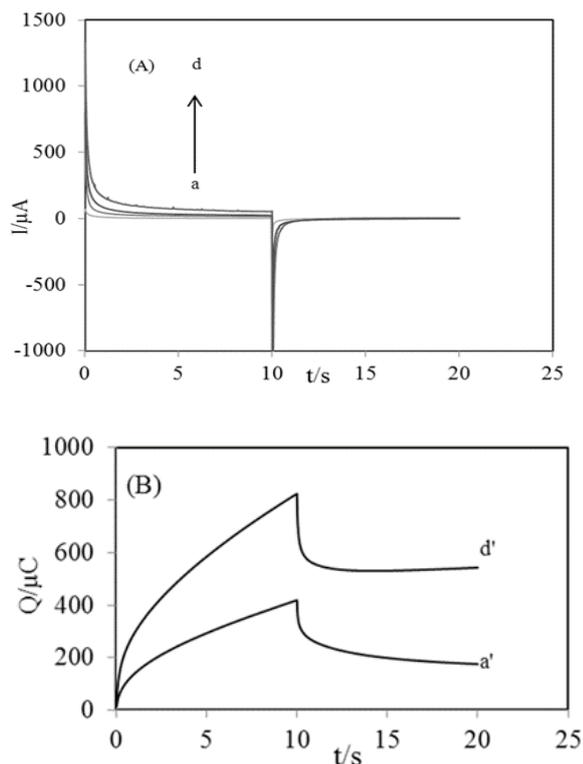
**Fig. 3.** (A) Cyclic voltammograms of GSH in the presence of catechol at MWCNT-CPE in 0.1 M phosphate buffer solution (pH=7.00) at various scan rates: (a) 0.02, (b) 0.035, (c) 0.05, (d) 0.75, (e) 0.09, (f) 0.12  $\text{Vs}^{-1}$ . (B) plot of anodic peak currents versus  $v^{1/2}$  from cyclic voltammograms of (A). (C) Variation of  $\log I$  vs. anodic Peak potential (Tafel plot).

For an electroactive compound (GSH in this case) with an apparent diffusion coefficient,  $D_{app}$ , the current observed for the electrochemical reaction at the mass transport limited condition is described by Cottrell equation [29]:

$$I = nFAD_{app}^{1/2} C_b \pi^{-1/2} t^{-1/2} \quad (2)$$

The Cottrell plots of  $I$  vs.  $t^{-1/2}$  were used, with the best fits for different concentrations of GSH (Fig. 4. A). The slopes of the resulting straight lines were then plotted vs. GSH concentrations (not shown). The mean

value of the  $D_{app}$  was found to be  $1.95 \times 10^{-6} \text{cm}^2 \text{s}^{-1}$  from the resulting slope and Cottrell equation. As can be seen in Fig 4B, the forward and backward potential step chronoamperometry for the mediator in the absence of GSH showed symmetrical chronoamperogram with an equal charge consumed for the reduction and oxidation of the catechol at the surface of MWCNT-CPE (Fig. 4B, a'). However, in the presence of GSH, the charge amount associated with forward chronoamperometry is significantly greater than that observed for backward chronoamperometry (Fig.4B, d').

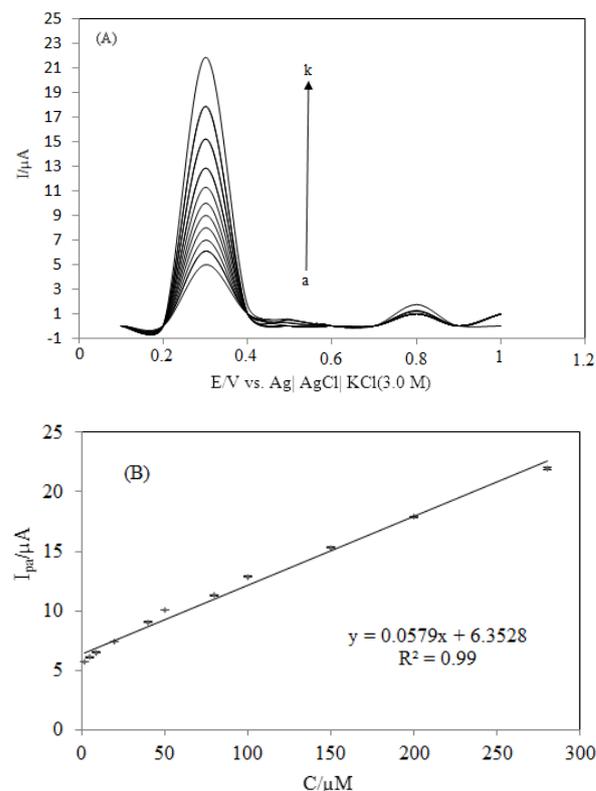


**Fig. 4.** (A) Chronoamperograms obtained for different concentration of GSH in the presence of 100  $\mu\text{M}$  catechol in 0.1 M phosphate buffer solution (pH=7.00) at MWCNT-CPE first step and second step of potential are 220 and 80 mV vs, respectively. (Curve a-d correspond to 0.0, 9.0, 40 and 80  $\mu\text{M}$  of GSH). (B) chronocoulougrams of (a) and (d) obtained from chronoamperograms of (A).

### 3.5. Electrocatalytic determination of GSH in the presence of Trp

The electrooxidation of GSH was studied in the presence of 100  $\mu\text{M}$  catechol, fixed concentration of Trp (20  $\mu\text{M}$ ) and different concentrations of GSH at the surface of MWCNT-CPE using differential pulse voltammetry (DPV) technique. The obtained result exhibited two anodic peak potentials at 330 mV (GSH anodic peak potential) and 810 mV (Trp anodic peak potential) versus  $\text{Ag}|\text{AgCl}|\text{KCl}$  (3.0 M) (Fig. 5A). The result showed a relatively large separation between anodic peak potentials of GSH and Trp. The calibration plot was linear in the GSH concentration range of  $2 \times 10^{-6} \text{M}$ – $2.8 \times 10^{-4} \text{M}$  with a correlation coefficient of  $R^2 =$

0.99. The detection limit ( $3\sigma$ ) was  $7.7 \times 10^{-7} \text{M}$  for GSH (Fig. 5B). This obtained value is comparable with values reported by other research groups (Table 1).



**Fig. 5.** (A) Differential pulse voltammograms of fixed concentration of Trp (20  $\mu\text{M}$ ) and different concentrations of GSH: (a) 2  $\mu\text{M}$ , (b) 5  $\mu\text{M}$ , (c) 9  $\mu\text{M}$ , (d) 20  $\mu\text{M}$ , (e) 40  $\mu\text{M}$  and (f) 50, (g) 80, (h) 100, (i) 150, (j) 200 and (k) 280  $\mu\text{M}$  in the presence of 100  $\mu\text{M}$  catechol at the surface of MWCNT-CPE in 0.1 M phosphate buffer solution (pH= 7.0). (B) Calibration plot for GSH voltammetric determination obtained from its DPV data.

### 3.6. Electrocatalytic determination of Trp in the presence of GSH

Dependency of the oxidation peak current of Trp to its concentration in the presence of a fixed concentration of 50  $\mu\text{M}$  GSH and 100  $\mu\text{M}$  of catechol was investigated using differential pulse voltammetry method at the surface of modified electrode (Fig. 6A). The calibration plot was linear in the concentration range of  $4 \times 10^{-6} \text{M}$ – $6 \times 10^{-5} \text{M}$  of Trp with a correlation coefficient of  $R^2 = 0.996$ . The detection limit ( $3\sigma$ ) was  $1.28 \times 10^{-7} \text{M}$  (Fig. 6B) for Trp. This obtained value is comparable with values reported by other research groups (Table 2). Those results clearly demonstrate and confirm the capability of the 100  $\mu\text{M}$  catechol as a homogeneous electrocatalyst in the voltammetric determination of GSH and Trp with high selectivity, precision, and well reproducibility at the surface of MWCNT-CPE.

### 3.7. Determination of GSH and Trp in real samples

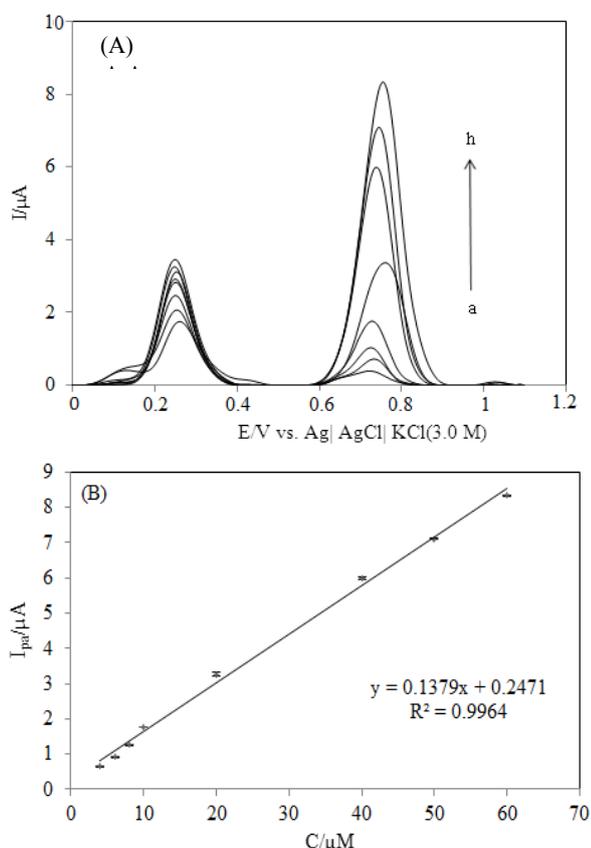
In order to indicate the electrocatalytic oxidation of GSH and Trp in real samples, we examined this ability in the voltammetric determination of GSH and Trp in

**Table 1.** Comparison of the efficiency of some methods in the determination of GSH

Electrode	Modifier	Methods	PH	LOD <sup>c</sup> (M)	LDR <sup>d</sup> (M)	Ref
CPE	TTF-TCNQ <sup>a</sup>	AMP <sup>b</sup>	7.00	$3 \times 10^{-7}$	$5 \times 10^{-6}$ - $3.4 \times 10^{-4}$	[30]
GCE	MWCNT	AMP	-	$3.3 \times 10^{-6}$	$5 \times 10^{-6}$ - $1 \times 10^{-4}$	[31]
MWCNT_CPE	Catechol	DPV	7.00	$7.7 \times 10^{-7}$	$2 \times 10^{-6}$ - $2.8 \times 10^{-4}$	This work

<sup>a</sup> Tetra thiafulvalene (TTF)-tetra cyano quinodim ethane (TCNQ)<sup>b</sup> Amperometry<sup>c</sup> Limit of detection<sup>d</sup> Linear dynamic range**Table 2.** Comparison of the efficiency of some methods in the electrocatalitical determination of Trp.

Electrode	Modifier	Methods	PH	LOD (M)	LDR (M)	Ref
GCE	Poly (Metyl Red) film	SWV	7.0	$4.0 \times 10^{-8}$	$1 \times 10^{-7}$ - $1 \times 10^{-4}$	[32]
GCE	Carbon nanofibers	-	-	$1 \times 10^{-7}$	$119 \times 10^{-6}$ - $1 \times 10^{-5}$	[33]
MWCNT-CPE	Catechol	DPV	7.00	$1.28 \times 10^{-7}$	$4 \times 10^{-6}$ - $6 \times 10^{-5}$	This work



**Fig. 6.** (A) Differential pulse voltammograms of fixed concentration of GSH (50  $\mu\text{M}$ ) and different concentrations of Trp: (a) 4  $\mu\text{M}$ , (b) 6  $\mu\text{M}$ , (c) 8  $\mu\text{M}$ , (d) 10  $\mu\text{M}$ , (e) 20  $\mu\text{M}$  (f) 40  $\mu\text{M}$ , (g) 50  $\mu\text{M}$  (h) 60  $\mu\text{M}$  in the presence of 100  $\mu\text{M}$  catechol at the surface of MWCNT-CPE in 0.1M phosphate buffer solution (pH= 7.0). (B) Calibration plot for Trp voltammetric determination obtained from its DPV data.

the presence of 100  $\mu\text{M}$  catechol human plasma at the surface of MWCNT-CPE by utilization of standard addition method. In this method, we added a known amount of GSH or Trp to buffer phosphate solution (pH=7.0) containing a deliberated amount of plasma. The results are presented in Table 3.

**Table 3.** Voltammetric determination of GSH and Trp in real sample n=3.

Sample	added ( $\mu\text{M}$ )	found ( $\mu\text{M}$ )	Recovery	RSD%	
GSH	4.0	4.2	105	0.78	
	5.0	5.06	101	2.5	
Serum	Trp	3.0	2.9	96	1.26
		6.0	6.28	104	2.8

### 3.8. Interference study in GSH and Trp determination

The interference effect has been studied on the analysis signal of GSH and Trp. Various possible interfering substances, such as cysteine and ascorbic acid were examined for their effect on the determination of GSH and Trp under the optimum conditions. The results showed there was no substantial change in the peak current of GSH and Trp in the absence and presence of these interfering agents (data not shown). The data is summarized in Table 4.

**Table 4.** Effect of different interferents on the voltammetric signal of NAC at MWCNT/GCE in the presence of 4-chlorocatechol

Interfering agent	Concentration ( $\mu\text{M}$ )	Signal change (%)	
		NAC	Trp
Cysteine	30	7.61	-4
Ascorbic acid	50	-5.98	9.8

## 4. CONCLUSIONS

In this work, catechol was used as a redox mediator for the homogeneous electrocatalysis of glutathione in presence of tryptophan at the surface of MWCNT-CPE electrode. This mediator showed to be promising for GSH voltammetric determination in the presence of Trp with many desirable properties such as low detection limit and high selectivity. Also the electrode was reliable, simple to prepare, low cost, and did not re-

quire extensive preliminary sample treatment. The electrochemical oxidation peak current of glutathione was linearly depended on its concentrations and the calibration curve was obtained in the ranges  $2 \times 10^{-6}$  M- $2.8 \times 10^{-4}$  M with differential pulse voltammetry (DPV) method, and detection limit ( $3\sigma$ ) was determined as  $7.7 \times 10^{-7}$  M. Also, voltammetric determination of Trp in the presence of GSH was liner in the range  $4 \times 10^{-6}$  M- $6 \times 10^{-5}$  M with DPV method and the detection limit ( $3\sigma$ ) was determined  $1.28 \times 10^{-7}$  M. Finally, the modified electrode was successfully applied to determination of glutathione and tryptophan in real samples.

## 5. REFERENCES

- [1] A. Musenga, R. Mandrioli, P. Bonifazi, E. Kenndler, A. Pompei and M. A. Raggi, Sensitive and selective determination of glutathione in probiotic bacteria by capillary electrophoresis-laser induced fluorescence, *Anal. Bioanal. Chem.* 387 (2007) 917-924.
- [2] M.K. Sezginürk and E. Dinçkaya, An amperometric inhibitor biosensor for the determination of reduced glutathione (GSH) without any derivatization in some plants, *Biosens. and Bioelectron.*, 19 (2004) 835-841.
- [3] A.A. Ensafi, T. Khayamian and F. Hassanpour, Determination of glutathione in hemolysed erythrocyte by flow injection analysis with chemiluminescence detection, *J. Pharm. and Biomed. Analysis* 48 (2008) 140-144.
- [4] J. Liu, L. Litt, M.R. Segal, M.J.S. Kelly, J.G. Pelton and M. Kim, Metabolomics of Oxidative Stress in Recent Studies of Endogenous and Exogenously Administered Intermediate Metabolites, *Int. J. Mol. Sci.* 12 (2011) 6469-6501.
- [5] S.I. Yakubu, I.A. Yakasai and A. Musa, Spectrofluorimetric assay method for glutathione and glutathione transferase using monobromobimane, *J. Bas. Clinical. Pharm.* 2 (2011) 151-158.
- [6] A.A. Conlan, N. Stupka, G.P. Mcdermott, P.S. Francis and N. Wibarnert, Determination of intracellular glutathione and cysteine using HPLC with a monolithic column after derivatization with monobromobimane, *Biomed. Chromatogr.* 24 (2010) 455-457.
- [7] E.C. Tsardaka, C.K. Zacharis, P.D. Tzanavaras and A. Zotou, Determination of glutathione in baker's yeast by capillary electrophoresis using methyl propiolate as derivatizing reagent, *J. Chromatogr. A.* 1300 (2013) 204-208.
- [8] X. Liu, Q. Wang, Y. Zhang, L. Zhang, Y. Su and Y. Lv, Colorimetric detection of glutathione in human blood serum based on the reduction of oxidized TMB, *New J. Chem.* 37 (2013) 2174-2178.
- [9] J.B. Raoof, R. Ojani and H. Karimi-Maleh, Electrocatalytic oxidation of glutathione at carbon paste electrode modified with 2, 7-bis (ferrocenyl ethyl) fluoren-9-one: application as a voltammetric sensor, *J. Appl. Electrochem.* 39 (2009) 1169-1175.
- [10] A.A. Ensafi, M. Taei, T. Khayamian, H. Karimi-Maleh, Voltammetric measurement of trace amount of glutathione using multiwall carbon nanotubes as a sensor and chlorpromazine as a mediator, *J. Solid State Electrochem.* 14 (2010) 1415-1423.
- [11] W. Kocheh and H. Steinhart, *L-Tryptophan-Current prospects in medicine and drug safety*, de- Gruyter, Berlin, (1994).
- [12] J.B. Raoof, R. Ojani and M. Baghayeri, Simultaneous electrochemical determination of glutathione and tryptophan on a nano-TiO<sub>2</sub> / ferrocene carboxylic acid modified carbon paste electrode, *Sense. and Actuators, B* 143 (2009) 261-269.
- [13] M. Lianw, X. Xu, Y. Chen and Yl. Wu, Rapid high-performance liquid chromatography method for determination of tryptophan in gastric juice, *J. Dig. Dis* 13 (2012) 100-106.
- [14] Q. Wang, L. Zhang, G. Chen and J. M. Lin, Determination of four amino acids in tea by capillary zone electrophoresis and direct ultraviolet detection without derivatization, *Se. Pu.* 27 (2009) 840-844.
- [15] S. Kumar and R. Swaminathan, Employing the fluorescence anisotropy and quenching kinetics of tryptophan to hunt for residual structures in denatured proteins, *J. Chem. Sci.* 119 (2007) 141-141.
- [16] Z. Lin, X. Chen, Z. Cai, X. Chen and X. Wang, Chemiluminescence of tryptophan and histidine in Ru (bpy) KMnO<sub>4</sub> aqueous solution, *Talanta* 75 (2008) 544-550.
- [17] J.Y. Ren, M. Zhao, J. Wang, C. Cui and B. Yung, Determination of Tryptophan in Protein Hydrolysates, *Food Technol. Biotechnol.* 45 (2007) 360-366.
- [18] F. Ricci, F. Arduini, C.S. Tuta, U. Sozzo, D. Moscone, A. Amineb and G. Palleschi, Glutathione amperometric detection based on a thiol-disulfide exchange reaction, *Anal. Chim. Acta* 558 (2006) 164-170.
- [19] H. Beitollahi, A. Mohadesi, S. Khalilzadeh Mahani, H.K. arimi-Maleh and A. Akbari, Simultaneous determination of dopamine, uric acid, and tryptophan using an MWCNT modified carbon paste electrode by square wave voltammetry, *Turk J. Chem.* 36 (2012) 526-536.
- [20] E. Garcion, N. Wion-Barbot, C. Montero-Menei, F. Berger and D. Wion, New clues about vitamin D functions in the nervous system, *Trends in Endocrinol. and Metab.* 13 (2002) 100-105.
- [21] G.A.M. Mersal, Electrochemical Sensor for Voltammetric Determination of Catechol Based on Screen Printed Graphite Electrode, *J. Electrochem. Sci.* 4 (2009) 1167-1177.
- [22] M. Chen, X. Li and X. Ma, Selective Determination of Catechol in Wastewater at Silver Doped Polyglycine Modified Film Electrode, *Int. J. Electrochem. Sci.* 7 (2012) 2616-2622.
- [23] H. Tang, J. Chen, L. Nie, S. Yao and Y. Kuang, Electrochemical oxidation of glutathione at well-

- aligned carbon nanotube array electrode, *Electrochim. Acta* 51 (2006) 3046–3051.
- [24] R.H. Baughman, A.A. Zakhidov and W.A. Heer, Carbon nanotubes--the rout toward applications, *Science* 297 (2002) 787-792.
- [25] B. Habibi, H. Phezhhan, M.H. Pournaghi-Azar, Voltammetric and amperometric determination of uric acid at a carbon–ceramic electrode modified with multi walled carbon nanotubes, *Microchim. Acta* 169 (2010) 313–320.
- [26] L.A.K. Donev, " Carbon nanotube transistors: Capacitance measurements, localized damage, and use as gold scaffolding", Ph.D. dissertation, Cornell Univercity (2009).
- [27] R.C.S. Luz, F.S. Damos, A.A. Tanaka, L.T.Kubota and Y. Gushikem, Electrocatalysis of reduced l-glutathione oxidation by iron (III) tetra-(*N* methyl-4-pyridyl)-porphyrin (FeT4MPyP) adsorbed on multi-walled carbon nanotubes, *Talanta* 76 (2008) 1097–1104.
- [28] Z. Gallus, *Fundamentals of Electrochemical Analysis*, Ellis Harwood, New York, (1967).
- [29] R. Greef, R. Peat, L.M. Peter, D. Pletcher and J. Robinson, *Instrumental Methods in Electrochemistry*, Second ed., Ellis Harwood Limited, (1990).
- [30] P. Calvo-Marzal, K.Y. Chumbimuni-Torres, N.F. Hoehr and L.T. Kubota, Determination of glutathion in hemolysed erythrocyte with amperometric sensor based on TTTF-TCNQ, *Clin. Chem. Acta* 371 (2006) 152-158.
- [31] A. Salimi and R. Hallaj, Catalytic oxidation of thiols at preheated glassy carbon electrode modified with abrasive immobilization of multiwall carbon nanotubes: applications to amperometric detection of thiocytosine, l-cysteine and glutathione, *Talanta* 66 (2005) 967-975.
- [32] K.J. Huang, C.X. Xu, J.Y. Sun, W.Z. Xie and L. Peng, Electrochemical oxidation of tryptophan and its analysis in pharmaceutical formulations at a poiyl (Metyl Red) film-modified electrode, *Anal. Let.* 43 (2010) 178-185.
- [33] X.F. Tang, Y. Liu, H.Q. Hou and T.Y. You, Electrochemical determination of L-Tryptophan, L-Tyrosine and L-Cysteine using electrospun carbon nanofibers modified electrode, *Talanta* 80 (2010) 2182-2186.